

PSED Curriculum



Autumn	Spring	Summer
✓ Comes into the classroom independently and follows the morning routine. ✓ Use the toilet independently including washing hands ✓ Have confidence to try new things. ✓ Independently access resources within the indoor and outdoor classroom ✓ Know how to keep our bodies and minds healthy with food, exercise, screen time and good hygiene. ✓ Understand the rules and routines of the classroom and be able to follow them. ✓ Share toys with other children. ✓ Talk about different emotions/feelings ✓ From relationships with adults. ✓ Begin to have friends and treat them with kindness. ✓ Listen to other children as they talk to them ✓ Sustain attention for at least 8 minutes in a small and large group. ✓ Follow the set routines in the classroom.	✓ Put own coat on and zip it up without support. ✓ Eat a variety of different foods including fruit and vegetables. ✓ Seek help from adults if needed ✓ Share toys with other children, knowing how to take turns. ✓ Form strong relationships with adults. ✓ Have friends and treat them with kindness. ✓ Engage in back and forth conversations with other children ✓ Sustain attention for at least 12 minutes in a small and large group. ✓ Follow simple instructions given by staff	✓ Persevere when things are hard. ✓ Use a knife and fork, spoon and cup effectively ✓ Get self changed for PE and back into uniform ✓ Make the right choices about their behaviour. ✓ Talk about different emotions/feelings and recognise these in themselves and others ✓ Solve simple conflicts with other children. ✓ Engage in back and forth conversations with other children, responding to what is said. ✓ Sustain attention for at least 15 minutes in a small and large group. ✓ Follow 2/3 step instructions

At the end of Reception

- Comes into the classroom independently and follows the morning routine.
- Put own coat on and zip it up without support.
- Use the toilet independently including washing hands
- Have confidence to try new things.
- Persevere when things are hard.
- Independently access resources within the indoor and outdoor classroom
- Eat a variety of different foods including fruit and vegetables.
- Use a knife and fork, spoon and cup effectively
- Know how to keep our bodies and minds healthy with food, exercise, screen time and good hygiene.
- Get self changed for PE and back into uniform
- Understand the rules and routines of the classroom and be able to follow them.
- Make the right choices about their behaviour.
- Talk about different emotions/feelings and recognise these in themselves and others
- Seek help from adults if needed.
- Share toys with other children, knowing how to take turns.
- Solve simple conflicts with other children.
- Form strong relationships with adults.
- Have friends and treat them with kindness.
- Engage in back and forth conversations with other children, responding to what is said.
- Sustain attention for at least 15 minutes in a small and large group.
- Follow 2/3 step instructions