

PE Yearly Overview

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Nursery	SC Education (Thur am) Fundamental movements ABCs Understanding space		SC Education (Thur am) ABCs Throwing and Catching Rolling, receiving		SC Education (Thur am) ABCs Kicking, receiving Striking, receiving		SC Education (Thur am) ABCs Throwing and Catching Bouncing, receiving		SC Education (Thur am) ABCs Striking, receiving, catching		SC Education (Thur am) ABCs Running, landing, jumping	
Reception	SC Education (Thur am) Fundamental movements ABCs Understanding space Invasion games		SC Education (Thur am) ABCs Throwing and Catching Rolling, receiving Invasion games		SC Education (Thur am) ABCs Kicking, receiving Striking, receiving Invasion games		SC Education (Thur am) ABCs Throwing and Catching Bouncing, receiving Gymnastics/dance		SC Education (Thur am) ABCs Striking, receiving, catching. Net/wall games		SC Education (Thur am) ABCs Running, landing, jumping Striking and fielding	
Year 1	Invasion Games Skills 2	SC Education (Mon pm) Fundamental movements Speed and agility Balance and coordination Invasion games	Dance - Animals	SC Education Mon pm Invasion Games (Handball, netball, basketball) Running, jumping, throwing, catching	Fundamental Movement Skills 3	SC Education (Mon pm) Invasion Games (football): Balance Agility coordination Attacking, defending	Gymnastics BSSP (Wed am)	SC Education (Mon pm) Invasion Games (Hockey): Balance Agility co- ordination Attacking, defending	Dance – Mini Beasts	SC Education Mon pm Striking and fielding (Cricket, Rounders): Balance Agility co- ordination Attacking, defending	Striking and Fielding Game Skills 1	SC Education Mon pm Net/wall games (Tennis, Dodgeball) : Balance Agility co- ordination Attacking, defending
Year 2	Fundamental movement skills 2 Target Games 3	SC Education (Mon pm) Fundamental movements Speed and agility Balance and coordination	Gymnastics – Pathways: Straight, zigzag, curving	SC Education (Mon pm) Invasion Games (Handball, netball, basketball) Running, jumping,	Dance – Fire of London	SC Education (Mon pm) Invasion Games (football): Balance Agility coordination Attacking, defending	Gymnastics BSSP (Wed am)	SC Education (Mon pm) Invasion Games (Hockey): Balance Agility co- ordination	Net and wall game skills 2	SC Education (Mon pm) Striking and fielding (Cricket, Rounders): Balance	Yoga	SC Education (Mon pm) Net and wall games (Tennis, Dodgeball) : Balance

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		Invasion games		throwing, catching				Attacking, defending		Agility coordinati on Attacking, defending		Agility coordinati on Attacking, defending
Year 3	Dance BSSP (Tue am)	SC Education (Tue pm) Fundamental movements ABCs Fitness Invasion games	Gymnastics – receiving body weight Yoga	SC Education (Tue pm) ABCs Invasion Games Fitness	Gymnastics BSSP (Tue am)	SC Education (Tue pm) ABCs Invasion games Fitness	Dance - Romans Swimming	SC Education (Tue pm) ABCs Gymnastic s/ dance Fitness	Athletics BSSP (Tue am)	SC Education (Tue pm) ABCs Net and wall games Fitness	Outdoor adventure Rounders	SC Education (Tue pm) ABCs Striking and fielding games Athletics Fitness
Year 4	Dance - Vikings	SC Education (Tue pm) Fundamental movements ABCs Fitness Invasion games	Dance BSSP (Tue am)	SC Education (Tue pm) ABCs Invasion Games Fitness	Gymnastics – Arching and bridges	SC Education (Tue pm) ABCs Invasion games Fitness	Gymnastics BSSP Tue AM	SC Education (Tue pm) ABCs Gymnastic s/ dance Fitness	Athletics BSSP (Tue am)	SC Education (Tue pm) ABCs Net and wall games Fitness	Outdoor adventure	SC Education (Tue pm) ABCs Striking and fielding Athletics Fitness
Year 5	Swimming	SC Education (Thur pm) Fundamental movements ABCs Fitness Invasion games	Dance BSSP (Tue am)	SC Education (Thur pm) ABCs Invasion Games Fitness	Yoga	SC Education (Thur pm) ABCs Invasion games Fitness	Gymnastics BSSP (Tue am)	SC Education (Thur pm) ABCs Gymnastic s/ dance Fitness	Outdoor adventure	SC Education (Thur pm) ABCs Net and wall games Fitness	Athletics BSSP (Tue AM)	SC Education (Thur pm) ABCs Striking and fielding Athletics Fitness

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Year 6	Dance BSSP (Tue am)	SC Education (Thur pm) Fundamental movements ABCs Fitness Invasion games	Gymnastics – Counter balance and counter tension. Dance WWII	SC Education (Thur pm) ABCs Invasion Games Fitness	Gymnastics BSSP (Tue am)	SC Education (Thur pm) ABCs Invasion games Fitness	Dance through the ages. Gymnastics – Group sequencing	SC Education (Thur pm) ABCs Gymnastic s/ dance Fitness	Outdoor adventure Yoga	SC Education (Thur pm) ABCs Net and wall games Fitness	Athletics BSSP (Tue AM)	SC Education (Thur pm) ABCs Striking and fielding Athletics Fitness
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Class Teachers to deliver own PE lessons from PE Passport