

Nursery PSED Curriculum



Baseline	Autumn	Spring	Summer
✓ Beginning to separate from carer with some support and encouragement. ✓ Beginning to use the toilet but may need some support. ✓ Beginning to take off own shoes and tries hard to put pumps on for PE but may need some support. ✓ Beginning to explore new areas and resources ✓ Beginning to play alongside others ✓ Seek comfort from a familiar adult or use a comforter to comfort myself when I feel sad	✓ Separates from carer with ease ✓ Hangs coat on peg independently ✓ Beginning to use the toilet independently including washing hands with the prompt of a familiar adult ✓ Beginning to put own pumps on for PE with the support of a familiar adult ✓ Explores new areas and resources ✓ Beginning to try new foods ✓ Beginning to use a fork, spoon and cup ✓ Beginning to understands and follows rules and routines ✓ Beginning to recognise feelings ✓ Develops a relationship with familiar adults ✓ Beginning to play with others	✓ Beginning to put own coat on and hang on peg independently ✓ Use the toilet independently ✓ Put own pumps on for PE ✓ Have confidence to explore new areas and resources ✓ Beginning to persevere when things are hard ✓ Try new foods ✓ Use a fork, spoon and cup confidently ✓ Beginning to know when to blow nose ✓ Understands and follows rules and routines ✓ Beginning make correct choices ✓ Can recognise how they are feeling ✓ Speaks to a familiar adult ✓ Beginning to be aware of others needs ✓ Beginning to develop friendships with others ✓ Beginning to understand healthy choices about food, drink, activity and toothbrushing.	✓ Put own coat on and hang on peg independently. ✓ Use the toilet independently including washing hands ✓ Persevere when things are hard ✓ Independently explore new areas and resources with confidence ✓ Knows when to blow nose ✓ Confidently understands and follows rules and routines ✓ Makes correct choices ✓ Recognises their emotions and why they are feeling this way ✓ Have confidence to seek and speak to a familiar adult. ✓ Share with support ✓ Have their own friends and play with others cooperatively ✓ Play with other children sustain attention for 5 minutes in a small or large group

			✓ Make healthy choices about food, drink, activity and toothbrushing.
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At the end of Nursery

- ✓ Put own coat on and hang on peg independently.
- ✓ Use the toilet independently including washing hands
- ✓ Persevere when things are hard
- ✓ Independently explore new areas and resources with confidence
- ✓ Knows when to blow nose
- ✓ Confidently understands and follows rules and routines
- ✓ Makes correct choices
- ✓ Recognises their emotions and why they are feeling this way
- ✓ Have confidence to seek and speak to a familiar adult.
- ✓ Share with support
- ✓ Have their own friends and play with others cooperatively
- ✓ Play with other children sustain attention for 5 minutes in a small or large group
- ✓ Use a fork, spoon and cup
- ✓ Separates from carer with ease.
- ✓ Puts own pumps on for PE
- ✓ Make healthy choices about food, drink, activity and toothbrushing.