

Nursery Physical Development Curriculum

Baseline	Autumn	Spring	Summer
✓ Beginning to explore books. ✓ Beginning to hold a pencil in a preferred hand. ✓ Beginning to make marks on paper using pencil and paint brushes. ✓ Participates in finger and action rhymes, songs and games, imitating the movements and anticipating actions ✓ Beginning to take coat off and hang it on their peg. ✓ Walks confidently and navigates around spaces appropriately.	✓ Beginning to be interested in books and turn the pages (may be a few at a time). ✓ Beginning to explore scissors and how and what they are used for. ✓ Sometimes holds pencil in a preferred hand to make marks on paper. ✓ Hangs coat on peg independently and beginning to put own coat on. ✓ Beginning to put own pumps on for PE but may need some help. ✓ Beginning to run safely on whole foot avoiding obstacles. ✓ Beginning to throw a large ball. ✓ Beginning to develop their movement, balancing, riding (scooters, trikes and bikes) and ball skills.	✓ Beginning to turn most of the pages in a book, one at a time. ✓ Beginning to use scissors and make snips in paper. ✓ Uses pencil in a preferred hand, whilst beginning to use a tripod grasp. ✓ Beginning to use large-muscle movements to wave flags and streamers, paint and make marks. ✓ Put own coat on and hang on peg independently ✓ Put own pumps on for PE ✓ Runs safely on whole foot avoiding obstacles. ✓ Can throw a large ball and beginning to catch a large ball. ✓ Beginning to experiment with different ways of moving. ✓ Beginning to kick a large ball. ✓ Continuing to develop their movement, balancing, riding (Scooters, trikes and bikes) and ball skills.	✓ Turns the pages of a book effectively ✓ Holds scissors correctly and uses them to cut simple lines. ✓ Hold a pencil in a preferred hand with a tripod grip to make marks on paper. ✓ Use large-muscle movements to wave flags and streamers, paint and make marks. ✓ Throw and catch a large ball ✓ Confident in experimenting with different ways of moving. ✓ Kicks a ball confidently. ✓ Balance on one foot. ✓ Are confident in developing their movement, balancing, riding (scooters, trikes and bikes) and ball skills.

At the end of Nursery

- Turns the pages of a book effectively
- Holds scissors correctly and uses them to cut simple lines.
- Hold a pencil in a preferred hand with a tripod grip to make marks on paper.
- Use large-muscle movements to wave flags and streamers, paint and make marks.

- Put own coat on and hang on peg independently
- Put own pumps on for PE

- Throw and catch a large ball
- Confident in experimenting with different ways of moving.
- Kicks a ball confidently.
- Balance on one foot.
- Are confident in developing their movement, balancing, riding (scooters, trikes and bikes) and ball skills.